

A History of

MICRODOSING

More Than
Recreational



1960-70

Psychedelics were used as recreational treatments



1980-90s

Clinical and medical use was started to be considered



2000s-2010s

Psilocybin treatments were outlawed and continue to be illegal



CURRENTLY,

80%

of trial patients claim to have experienced better results than traditional treatment methods



present

Psychedelic research continues and trials prove its benefits